



TRUE NORTH CLASSICAL ACADEMY IS PLEASED TO OFFER...
A YUMMY ORGANIC & NATURAL SCHOOL LUNCH PROGRAM FOR
THE DPK FAMILY!!

We all want to give our children & students the best foundation possible, be it education, opportunities, or nutrition. Part of that foundation is inarguably providing them with high quality, fresh, and delicious meals during the school day. According to the Centers for Disease Control, students consume up to half their daily caloric intake at school, so why not make sure it is both nutritious and YUMMY? This is where the Yummy School Lunch Program (YSL) comes in!!

Our Program is based on offering students nutritious, fresh, and creative dishes made with only Organic & All Natural ingredients. Not only are these meals organic and fresh, but we add "hidden" benefits in every YUMMY bite! There are extra fruits and veggies in almost every entree to make each dish even more nutrient dense, in addition to providing fresh seasonal fruits and veggies on the side.

Some examples of meals that we offer to our schools are:

- ❖ Turkey Burgers (w/"Hidden" Sweet Potato Puree, Diced Sweet Potatoes & Apples, Sautéed Spinach) on a Whole Wheat Bun (w/a "Hidden" Sweet Potato Puree), Roasted Sweet Potato Wedges, Fresh Fruit
- ❖ Grilled Chicken w/Baja Black Beans & Rice (Marinated & Grilled Mexican Seasoned Chicken, Black Beans, Brown Rice, Diced Zucchini, Corn, & Tomatoes), Fresh Fruit
- ❖ Baked Chicken Nuggets, Maple Glazed Carrots, Fresh Fruit
- ❖ Mac & Cheese (w/a "Hidden" Sweet Potato Puree), Parmesan Roasted Broccoli, Fresh Fruit
- ❖ Braised Chicken Empanadas (Braised Chicken w/a "Hidden" Green Pepper, Onion, Tomato, & Carrot Puree), Baked Plantains, Fresh Fruit

Every meal is made fresh each morning and delivered to your child in individually-packaged, eco-friendly, biodegradable containers. We take school lunches and homemade to a whole new level---a YUMMY level!!

We guarantee that they will enjoy each YUMMY Bite....
After all, School Lunches Should Be YUMMY!

***If you have any questions, please don't hesitate to call Yummy In My Tummy or email info@yummyinmytummy.com.**