

A YUMMY MARCH ORGANIC & NATURAL LUNCH MENU FOR TRUE NORTH CLASSICAL ACADEMY

*Daily Beverage Options Are: 1% Milk and Nonfat Chocolate Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Option #1: Baked Chicken Nuggets, WW Roll, Roasted Corn Nibbles, Fresh Fruit	Option #1: Turkey & Cheese Enchiladas, Black Beans, Brown Rice, Fresh Fruit Option #2: Cheese Enchiladas, Black Beans, Brown Rice, Fresh Fruit	Option #1: Orange Chicken w/Lo Mein Noodles, Asian Style Broccoli, Fresh Fruit Option #2: Grilled Cheese, Asian Style Broccoli, Fresh Fruit	Option #1: Lean Beef Burger, Roasted Sweet Potato Wedges, Fresh Fruit Option #2: Mac & Cheese, Roasted Sweet Potato Wedges, Fruit	Option #1: Cheese Pizza (1 slice), Cucumbers, Grape Tomatoes & Ranch Dip, Fruit
8	9	10	11	12
Option #1: Chicken Parmesan w/Pasta, Roasted Haricot Vert w/Garlic & Shallots, Fresh Fruit Option #2: Baked Chicken Nuggets, WW Roll, Roasted Haricot Vert w/Garlic & Shallots, Fresh Fruit	Option #1: Breakfast for Lunch—Waffles, Eggs, Lyonnaise Potatoes, Fresh Fruit Option #2: Lean Beef Burger, Lyonnaise Potatoes, Fresh Fruit	Option #1: Arroz con Pollo, Baked Plantains, Fresh Fruit Option #2: Grilled Cheese, Roasted Corn Nibbles, Fresh Fruit	Option #1: Korean Beef Bowl over Rice, Asian Style Broccoli, Fresh Fruit Option #2: Mac & Cheese, Asian Style Broccoli, Fresh Fruit	Option #1: Cheese Pizza (1 slice), Carrots, Grape Tomatoes & Dip, Fresh Fruit
15	16	17	18	19
Option #1: Low Fat Penne Alfredo w/Chicken, Sauteed Herbed Squash, Zucchini & Mushrooms, Fresh Fruit Option #2: Baked Chicken Nuggets, Sauteed Herbed Squash, Zucchini & Mushrooms, Fresh Fruit	Option #1: Turkey & Cheese Burrito (w/Brown Rice inside), Black Beans, Brown Rice, Fresh Fruit Option #2: Cheese Burrito (w/ Brown Rice inside), Black Beans, Brown Rice, Fresh Fruit	Option #1: Philly Cheesesteak, Roasted Sweet Potato Wedges, Fresh Fruit Option #2: Grilled Cheese, Roasted Sweet Potato Wedges, Fresh Fruit	Option #1: Mac & Cheese, Roasted Sweet Peas, Fresh Fruit Option #2: Baked & Breaded Fish Sticks w/Slaw, WW Roll, Baked Tater Tots, Fresh Fruit	Option #1: Cheese Pizza (1 slice), Caesar Salad w/Grape Tomatoes, Fresh Fruit
22	23	24	25	26
Option #1: Pasta w/Lean Beef Bolognese, Maple Glazed Brussel Sprouts, WW Roll, Fresh Fruit	Option #1: Chicken Paella, Baked Plantains, Fresh Fruit	Option #1: Beef Barbacoa over Brown Rice, Black Beans, Fresh Fruit Option #2: Grilled Cheese, Steamed Edamame, Fresh Fruit	Option #1: BBQ Roasted Turkey Sandwich, Honey Vanilla Glazed Carrots, Fresh Fruit Option #2: Mac & Cheese, Honey Vanilla Glazed Carrots, Fresh Fruit	<h2>NO SCHOOL</h2>