

A YUMMY APRIL ORGANIC & NATURAL LUNCH MENU FOR TRUE NORTH CLASSICAL ACADEMY

*Daily Beverage Options Are: 1% Milk and Nonfat Chocolate Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">30</p> <p>Option#1: Low Fat Chicken Penne Alfredo, Maple Glazed Brussel Sprouts, Fresh Fruit</p> <p>Option#2: Baked Chicken Nuggets, WW Roll, Maple Glazed Brussel Sprouts, Fresh Fruit</p>	<p style="text-align: center;">31</p> <p>Option#1: Breakfast for Lunch- French Toast, Eggs, Lyonnaise Potatoes, Fresh Fruit</p> <p>Option#2: Lean Beef Burger, Lyonnaise Potatoes, Fresh Fruit</p>	<p style="text-align: center;">1</p> <p>Option#1: Picadillo, Brown Rice, Black Beans, Fresh Fruit</p> <p>Option#2: Grilled Cheese, Steamed Edamame, Fresh Fruit</p>	<p style="text-align: center;">2</p> <p>Option#1: Turkey Meatball Sub, Honey Vanilla Glazed Carrots, Fresh Fruit</p> <p>Option#2: Mac & Cheese, Honey Vanilla Glazed Carrots, Fruit</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">PIZZA DAY</p> <p>Option#1: Cheese Pizza (1 slice), Caesar Salad w/Grape Tomatoes, Fresh Fruit</p>
<p style="text-align: center;">6</p> <p>Option#1: Baked Chicken Nuggets, WW Roll, Herbed Squash & Zucchini, Fresh Fruit</p> <p>Option#2: Chicken Cacciatore w/Pasta, Herbed Squash & Zucchini, Fresh Fruit</p>	<p style="text-align: center;">7</p> <p>Option#1: Turkey Tacos, Brown Rice, Black Beans, Fresh Fruit</p> <p>Option#2: Baked Cheese Ravioli, Steamed Edamame, Fresh Fruit</p>	<p style="text-align: center;">8</p> <p>Option#1: Honey Soy Glazed Chicken w/Lo Mein Noodles, Steamed Broccoli, Fresh Fruit</p> <p>Option#2: Grilled Cheese, Steamed Broccoli, Fresh Fruit</p>	<p style="text-align: center;">9</p> <p>Option#1: Lean Beef Burger, Roasted Potato Wedges, Fresh Fruit</p> <p>Option#2: Mac & Cheese, Roasted Potato Wedges, Fruit</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">NO SCHOOL</p>
<p style="text-align: center;">13</p> <p>Option#1: Pasta w/alla Rosa Sauce & Chicken, Roasted Kale & White Beans w/Garlic, Fresh Fruit</p> <p>Option#2: Baked Chicken Nuggets, Roasted Kale & White Beans w/Garlic, WW Roll, Fresh Fruit</p>	<p style="text-align: center;">14</p> <p>Option#1: Cheese Lasagna, Roasted Sweet Peas, Fresh Fruit</p> <p>Option#2: Breakfast for Lunch- Egg & Cheese Bagel, Lyonnaise Potatoes, Fresh Fruit</p>	<p style="text-align: center;">15</p> <p>Option#1: Ropa Vieja, Brown Rice, Black Beans, Fresh Fruit</p> <p>Option#2: Grilled Cheese, Steamed Edamame, Fresh Fruit</p>	<p style="text-align: center;">16</p> <p>Option#1: Baked & Breaded Fish Sticks w/Slaw, WW Roll, Roasted Sweet Potato Wedges, Fresh Fruit</p> <p>Option#2: Mac & Cheese, Roasted Sweet Potato Wedges, Fruit</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">PIZZA DAY</p> <p>Option#1: Cheese Pizza (1 slice), Cucumbers & Grape Tomatoes w/Dip, Fruit</p>
<p style="text-align: center;">20</p> <p>Option#1: Chicken Nuggets, WW Roll, Roasted Haricot Vert w/Garlic & Shallots, Fresh Fruit</p> <p>Option#2: Pasta Puttanesca w/Chicken, Roasted Haricot Vert w/Garlic & Shallots, Fresh Fruit</p>	<p style="text-align: center;">21</p> <p>Option#1: Lean Beef & Cheese Burrito, Black Beans, Fresh Fruit</p> <p>Option#2: Baked Cheese Tortellini Topped with Mozzarella Cheese, Steamed Edamame, Fresh Fruit</p>	<p style="text-align: center;">22</p> <p>Option#1: Baked Chicken Piccata w/WW Pasta, Herbed Carrots, Fresh Fruit</p> <p>Option#2: Grilled Cheese, Honey Vanilla Glazed Carrots, Fresh Fruit</p>	<p style="text-align: center;">23</p> <p>Option#1: BBQ Turkey Sandwich, Roasted Corn, Fresh Fruit</p> <p>Option#2: Mac & Cheese, Roasted Corn, Fresh Fruit</p>	<p style="text-align: center;">24</p> <p style="text-align: center;">PIZZA DAY</p> <p>Option#1: Cheese Pizza (1 slice), Caesar Salad w/Grape Tomatoes, Fresh Fruit</p>
<p style="text-align: center;">27</p> <p>Option#1: Pasta w/Lean Beef Meatballs & Tomato Sauce, Roasted Sweet Peas w/Garlic, Fresh Fruit</p> <p>Option#2: Baked Chicken Nuggets, WW Roll, Roasted Sweet Peas w/Garlic, Fresh Fruit</p>	<p style="text-align: center;">28</p> <p>Option#1: Chimichurri Chicken w/Spanish Rice, Black Beans, Fresh Fruit</p> <p>Option#2: Pasta Primavera w/Chicken, Steamed Edamame, Fresh Fruit</p>	<p style="text-align: center;">29</p> <p>Option#1: Philly Cheesesteak, Roasted Sweet Potato Wedges, Fresh Fruit</p> <p>Option#2: Grilled Cheese, Soy Glazed Carrots, Fresh Fruit</p>	<p style="text-align: center;">30</p> <p>Option#1: Mojo Grilled Chicken w/Black Bean Salsa, Tex Mex WW Rice, Mexican Veggie Skillet (Zucchini, Squash, Mushrooms, Green Peppers), Fresh Fruit</p> <p>Option#2: Mac & Cheese, Sauteed Zucchini, Squash, Mushrooms, Green Peppers, Fresh Fruit</p>	